

SUNDAY 12<sup>TH</sup> MAY 2024  
COUGHLANS SWIM CENTRE  
318 Hillsborough Road, Warners Bay



WARM UP 8.00AM START: 9.00AM

Entries close: 28<sup>th</sup> April (unless entry limit is met prior to this date)

Entry Options: Online entries Only

For EFT Direct Deposit details and all enquires email: [racesecretary@novoswimclub.com.au](mailto:racesecretary@novoswimclub.com.au)

Condition of Entry

- Entry Fee \$10 per event
- Swimming NSW Rules Apply
- All events shall be timed finals
- Age as at 12 May 2024
- Medals will be awarded for the first 3 place getters in 9yrs/U, 10yrs/U & 10 year events
- Prizemoney will be awarded for the first 3 place getters in 200m events, 100m IM events and the First 3 place getters in each age group in the multiple age events in 11yrs and Over.
- Meet Director reserves the right to amend the program if necessary
- Proposed Lunch break is only a guide
- Minimum age for 200m events is 9 years

**\*\*HOT & COLD FOOD WILL BE AVAILABLE FROM THE POOL KIOSK\*\***

**\*\*BBQ WILL OPERATE FOR BREAKFAST AND LUNCH\*\***

**\*\*MOTEL ACCOMMODATION NEXT DOOR – WARNERS AT THE BAY\*\***



## 2024 WINTER SHORT COURSE QUALIFYING MEET

Entries Limited to allow 4pm Finish

SESSION 1							SESSION 2						
M	Q.T	F	Q.T	AGE	DIST		M	Q.T	F	Q.T	AGE	DIST	
1	3:12.50	2	3:23.50	9yrs/O	200m	Ind Medley	47	1:50.00	48	1:55.00	Open	100m	Ind Medley
3	51.00	4	59.00	9yrs/U	50m	Butterfly	49	48.50	50	56.00	13/14yrs	50m	Breaststroke
5	48.00	6	55.50	10yrs	50m	Butterfly	51	45.50	52	49.50	15yrs/O	50m	Breaststroke
7	46.00	8	51.50	11/12yrs	50m	Butterfly	53	59.00	54	1:09.00	9yrs/U	50m	Breaststroke
9	38.50	10	40.50	15yrs/O	50m	Butterfly	55	55.50	56	1:02.00	11/12yrs	50m	Breaststroke
11	41.50	12	45.00	13/14yrs	50m	Butterfly	57	57.00	58	1:05.00	10yrs	50m	Breaststroke
							59	na	60	na	Open	50 m	MC - Breaststroke
13	na	14	na	Open	50m	MC B/Fly	61	1:32.00	62	1:34.50	15yrs/O	100m	Backstroke
15	1:32.00	16	1:33.50	11/12yrs	100m	Freestyle							
17	1:11.50	18	1:19.00	15yrs/O	100m	Freestyle	63	1:34.50	64	1:38.00	13/14yrs	100m	Backstroke
19	1:23.50	20	1:28.00	13/14yrs	100m	Freestyle	65	1:45.50	66	1:47.00	11/12yrs	100m	Backstroke
21	1:38.00	22	1:38.00	10yrs/U	100m	Freestyle	67	1:50.50	68	1:52.50	10yrs/U	100m	Backstroke
23	3:05.00	24	3:18.00	9yrs/O	200m	Butterfly	69	3:34.50	70	3:45.00	9yrs/O	200m	Breaststroke
25	51.50	26	55.50	11/12yrs	50m	Backstroke	71	44.00	72	46.00	11/12yrs	50m	Freestyle
27	45.00	28	49.50	13/14yrs	50m	Backstroke	73	47.00	74	48.50	10yrs	50m	Freestyle
29	40.00	30	43.00	15yrs/O	50m	Backstroke	75	36.00	76	40.00	15yrs/O	50m	Freestyle
31	56.00	32	1:02.00	9yrs/U	50m	Backstroke	77	49.00	78	52.00	9yrs/U	50m	Freestyle
33	53.00	34	58.80	10yrs	50m	Backstroke	79	40.00	80	43.00	13/14yrs	50m	Freestyle
35	na	36	na	Open	50m	MC- Backstroke	81	na	82	na	Open	50m	MC - Freestyle
37	1:53.00	38	1:54.50	13/14yrs	100m	Breaststroke	83	1:36.00	84	1:48.00	11/12yrs	100m	Butterfly
39	1:40.00	40	1:44.50	15yrs/O	100m	Breaststroke	85	1:23.50	86	1:28.00	15yrs/O	100m	Butterfly
41	2:03.50	42	2:04.50	11/12yrs	100m	Breaststroke	87	1:25.00	88	1:37.00	13/14yrs	100m	Butterfly
43	2:06.50	44	2:07.00	10yrs/U	100m	Breaststroke	89	1:50.00	90	2:00.00	10yrs/U	100m	Butterfly
45	3:15.50	46	3:20.00	9yrs/O	200m	Backstroke	91	2:56.00	92	2:58.50	9yrs/O	200m	Freestyle
PROPOSED LUNCH BREAK													